

Top 10 Most Needed Items for FISH of McHenry Food Pantry

To eliminate breakage, plastic or canned items are requested.
PLEASE CHECK ALL EXPIRATION DATES BEFORE DONATING FOOD!

- 1. Canned Meats or Tuna**
(Chicken, Ham, Hash, Spam, Tuna)
- 2. Canned Meals or Boxed Meals;**
(Stew, Pasta with or w/o Meat, Chili, Hamburger Helper)
- 3. Canned Soups**
- 4. Canned Tomatoes & Tomato Sauces**
- 5. Canned Vegetables**
(Peas, Corn, Mushrooms, Potatoes, Mixed)
- 6. Peanut Butter & Jelly**
- 7. Dried or Canned Beans**
(Black, Chili, Kidney, Pinto, White, Refried, Pork & Beans)
- 8. Dry Cereal & Oatmeal**
- 9. Dried Pasta & Rice**
- 10. Baby Food, Baby Dry Cereal & Formula**

Non-Food Items also offered to Clients:

- 1. Bath Soap (Bars) & Deodorant**
- 2. Shampoo**
- 3. Toothbrushes & Toothpaste**
- 4. Laundry Soap**
- 5. Dish Detergent**
- 6. Toilet Paper, Paper Towels, Kleenex**
- 7. Household Cleaning Products**
- 8. Feminine Hygiene Products**
- 9. Baby Diapers & Wipes**
- 10. Depends or Adult Pads & Diapers**